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*For Mothers & Daughters*

# **WHAT EVERY GIRL NEEDS TO KNOW**



With Diane  
Frankel-Gramelis,  
MS, CCE, Yale  
Student Wellness  
Counselor

**Wednesday, November 1, 2023**

**6:30 PM - 7:30 PM**

**Bridgeport Hospital Milford Campus**

**Auditorium B**

**300 Seaside Avenue, Milford, CT**

A discussion designed for 4th & 5th grade girls with mothers/support person on the physical and emotional changes of puberty. This is **NOT** a sex talk, but a starting point for further discussions.

**Seating is limited, Registration is now open!**

Contact Douglas Mills, LMSW, Program Coordinator: [DMills@milfordct.gov](mailto:DMills@milfordct.gov) or 203-783-3253

**Free book for the first 25 to register!**