



Summer Camp Information Note



Preparing your child for this summer camp is similar to getting him/her ready for a day of preschool. Please dress your child in weather appropriate clothes and for the activities they will be involved in during the day.

The following list might be helpful in preparing your child for a day at summer camp:

- ✓ **Comfortable Clothes**—campers will be engaged in a variety of activities so please dress campers in clothes that can be easily cleaned. Your camper should wear sneakers every day to protect their feet and toes from dirt/sand and pebbles while out on the play area.
- ✓ **Extra Clothes**—accidents happen so it might be helpful to pack an extra set of clothes. You can leave the extra set in your camper's bag, no need to pack a new set each day.
- ✓ **Sunscreen**—please apply sunscreen to your child each morning. Campers will be outside often during the day. You can sign the waiver form to allow the camp director to apply sunscreen.
- ✓ **Hat**—to further protect your child from the sun, a hat with a wide brim is ideal to protect your child's face and neck.
- ✓ **Swimsuit**—campers will engage in some water play during the day so, you may want dress your child in their swimsuit under their regular camp clothes, or pack a swimsuit if they are able to change themselves.
- ✓ **Towel**—a regular towel for drying off after water play is recommended, no need for a bulky full-sized towel (please label your camper's towel).
- ✓ **Plastic Bag**—you might want to send along a plastic bag to place wet towels/clothes/swimsuit. A plastic grocery bags works just fine.
- ✓ **Water/Juice**—each camper should bring an insulated water bottle with a non-spill top for water or juice. Campers can refill their water bottles with water throughout the camp day.
- ✓ **Snack**—your camper will have snack time each day. Please pack a non-perishable and nut free snack for your camper.