



Milford Recreation Department
Parsons Government Complex
70 West River Street
Milford, CT 06460
phone: 203-783-3280

COED BEACH VOLLEYBALL ELIGIBILITY & HOUSE RULES

ELIGIBILITY:

All adult players must be 18 years or older, although each team is allowed 2 players ages 16-17 years old. Any player who has participated in a high school varsity program within the past six months is eligible to participate in the COED A division only.

SCHEDULE:

9 Match regular season plus playoffs.

SCORE REPORTING:

Coaches/managers are responsible for submitting scores to Ken Catino at kcatino@milfordct.gov following their games.

FORFEIT POLICY:

If at least 2 players are not ready to play by scheduled game time (including the first scheduled match) the 1st game of a three-game match is automatically forfeited. The 2nd game of a match is forfeited ten minutes after scheduled starting time. The 3rd game is forfeited twenty minutes after the scheduled starting time.

GAMEPLAY:

- Teams will play three (3) games per match.
- First team to score 25 points, (win by two, if still tied sudden-death, first to 30) will be the winner.
- Scoring - Rally Point. Point.

NUMBER OF PLAYERS:

- Teams must always play with a minimum of one female.
- Minimum players on a roster are four; there is no maximum.
- Teams must begin and end games with at least two players but four is the normal number.
- Teams can add players up until the 6th match of the season then rosters lock.

BEACH VOLLEYBALL RULES:

- Minimum 2 players, at least 1 must always be female.
- Position rotation is not required but service rotation order is and this includes subs. If you bring a sub in that disrupts the established order, that sub is to be a replacement player and the player leaving the court is no longer eligible to play the rest of the set.
- Open hand receiving of a serve must come out "set quality clean"(less than two full rotations) or it is a double contact.
- Open hand receiving on hard driven hits is allowed and does not have to be "clean" (unless a serve receive.)
- Clean hand setting standards should be enforced. If one opponent chooses not to enforce proper standards, this is their own choice but shall not dictate proper rule enforcement when playing other teams. Beyond two full sideways rotations of the ball is generally caused by a double. Do not

enforce the strict tightness of beach doubles clean setting but quality indoor level handsets are expected. If it would be questionable indoors it's a double here.

- Pushes or oversets are only legal when the setter has shoulders square to the ball's direction of travel. Square can be backwards.
- No throws or redirects (except blocking), open hand tips. Knuckles, fists, and backhands are legal options.
- 3 sets to 25, win by 2. Each "set" is its own game for record/ league standings. For example, if you sweep the opponent in the first week of play, your record would be 3-0.
- Teams must rotate sides every 7 points.
- Balls are dead if you must step on another court to make contact.
- If an agreement can't be made on a close call, the side of the court the play occurred on has final say. If it is still unsure at that point, a redo will be played for the point.
- Players cannot cross under the net and no net contact is allowed.