



Milford Recreation Department
Parsons Government Complex
70 West River Street
Milford, CT 06460
phone: 203-783-3280

2021 Milford Combine Rules

- Participants will arrive 15-20 min in advanced for registration.
- Participants must be accompanied by an adult.
- Participants will be split up into the following age groups for both boys and girls:
 - Ages 5-7
 - Ages 8-9
 - Ages 10-12
 - Ages 13-15
- Age groups will be assigned a specific time:
 - Ages 5-7 & 8-9 (10:00am-11:00am)
 - Ages 10-12 & 13-15 (11:00am-12:00pm)
- Within each age group, participants will be split up into groups.
- The Events:
 - Push Ups
 - Punting
 - Passing
 - Kicking
 - 40-yard dash
- For each event (excluding the push-up event) the participant will receive 2 attempts, the better result will be counted towards their final score.
- The top three in each event will receive points. The individual with the most points overall will win.
- If there is a tie, there will be a one-off event between the participants. Winner take all.
- Footballs will be provided by the Milford Recreation Department.