



Milford Recreation Department  
Parsons Government Complex  
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## **COED BEACH VOLLEYBALL ELIGIBILITY & HOUSE RULES**

### **ELIGIBILITY:**

All adult players must be 18 years or older, although each team is allowed 2 players ages 16-17 years old. Any player who has participated in a high school varsity program within the past six months is eligible to participate in the COED A division only.

### **SCHEDULE:**

8 Match regular season plus playoffs.

Co-Ed play Mondays.

### **SCORE REPORTING:**

Coaches are responsible for submitting scores to the building supervisor following their games.

### **FORFEIT POLICY:**

If at least 2 players are not ready to play by scheduled game time (including the first scheduled match) the 1st game of a three-game match is automatically forfeited. The 2nd game of a match is forfeited ten minutes after scheduled starting time. The 3rd game is forfeited twenty minutes after scheduled starting time.

### **GAMEPLAY:**

- Teams will play three (3) games per match. All matches carry a (1) one-hour time limit.
- First team to score 21 points, (win by two, if still tied sudden-death, first to 25) will be the winner.
- Scoring – Rally Point.

### **NUMBER OF PLAYERS:**

- Teams must always play with a minimum of one female.
- Minimum players on a roster are four; there is no maximum.
- Teams must begin and end games with at least four players but six is the normal number.
- Teams can add players up until the 6<sup>th</sup> Match of the season then Rosters Lock.

### **Beach Volleyball Rules:**

- Minimum 2 players, at least 1 must always be female.
- Position rotation is not required but service rotation order is and this includes subs. If you bring a sub in that disrupts the established order, that sub is to be a replacement player and the player leaving the court is no longer eligible to play the rest of the set.
- Open hand receiving of a serve must come out "set quality clean"(less than two full rotations)

*"Providing fun for Generations."*

or it is a double contact.

- Open hand receiving on hard driven hits is allowed and does not have to be "clean" (unless a serve receive.)
- Clean hand setting standards should be enforced. If one opponent chooses not to enforce proper standards, this is their own choice but shall not dictate proper rule enforcement when playing other teams. Beyond two full sideways rotations of the ball is generally caused by a double. Do not enforce the strict tightness of beach doubles clean setting but quality indoor level hand sets are expected. If it would be questionable indoors it's a double here.
- Pushes or oversets are only legal when the setter has shoulders square to the balls direction of travel. Square can be backwards.
- No throws or, redirects (except blocking), open hand tips. Knuckles, fists, and backhands are legal options.
- 4 sets to 21, win by 2, no cap. Each "set" is its own game for record/ league standings. For example, if you sweep the opponent in first week of play, your record would be 4-0.
- teams must rotate sides every 7 points.
- Balls are dead if you must step on another court to make contact. ( Don't do it )
- If an agreement can't be made on a close call, the side of the court the play occurred on has final say. If it is still unsure at that point, a redo will be played for the point.
- Players can not cross under the net and not net contact is allowed.